Medical-dental health links continue to build

By Fred Michmashzuizen, Online Editor

New evidence shows improvements in oral health can have a positive impact on reducing atherosclerosis, or plaque, in arteries.

The science behind why a dis eased mouth puts one at a higher risk for numerous systemic disease, such as heart attack, stroke, Alzheimer’s disease and some forms of cancer, continues to build.

As more dentists and physicians become aware of how this affects their patient’s general health and medical conditions, public expectations of the role their dentist plays in health will likely shift.

“Almost a hundred years ago there were a few dentists and physicians who were very forward thinking who postulated that dental disease could actually impact general health,” said Dr. James McAnally, CEO of Big Case Marketing, a marketing and case acceptance consulting firm for dentists with advanced clinical training.

“Unfortunately, at that time, quackery in medicine and dentistry was being fought, and valid lines of questioning were rejected instead of explored, delaying the study of what relationships were present between the mouth and entire body.”

McAnally offered his remarks during an interview about the role of the dentist and health with Dr. Dean Vafiadis, a New York-based prosthodontist, on New York City Cosmos radio FM 91.5 WNYE.

“In our current environment, thanks to professional rigidity and failure to change the existing standards of care rapidly, regardless of the science, most dental schools and state dental licensing boards are artificially slowing the progress of advances in understanding of disease relationships from benefiting the general population’s health,” McAnally said.

Vafiadis, McAnally and many other dentists are on the forefront of putting the information needed in front of the lay public so they can be informed as to what they should be hearing from their local dentist.

“The recent report out of Case Western University where doctors found exactly the same strain of bacteria from a 55-year-old California woman’s infected gums in her stillborn baby serves as a vivid example of a direct systemic infection resulting from an oral infection,” McAnally said.

“While that makes for good headlines, the headline that isn’t being put out there is the literal millions in the population who will suffer more whole body disease, worse whole body disease and a potentially shortened lifespan simply as a consequence of what their dentists aren’t talking to them about.”

As part of the interview, the Medical-Perio Referral Program, designed for general dentists, periodontists, oral surgeons and prosthodontists, which allows an easy facilitation of the physician-dentist relationship to improve patient health in both environments, was also discussed.

“This is really a two-way street that benefits every patient,” McAnally said. “If patients go to a dentist that is part of the referral program, they know they are under the care of someone who understands the links in health and how to do everything the current science shows is effective to help the patient become healthier and stay healthier. Furthermore,” he said, “by improving the referral relationship between the family practice physicians and cardiologists and the dentist, more medical patients with serious medical conditions are likely to receive appropriate dental treatment to reduce dental disease’s effects on their systemic health. Everyone wins. For some dentists, this referral model literally recreates the entire focus of a practice.”

Dentists or medical doctors interested in the Medical-Perio Referral Program can contact Big Case Marketing at info@BigCaseMarketing.com, call (206) 601-6754 or visit www.MedicalPerio.com.

Did you know that dentists are one of the most trusted professionals to give advice? Thus, no other medical professionals are in a better position to show patients that they are committed to detecting and treating oral cancer.

Prove to your patients just how committed you are to fighting this disease by signing up to be listed at www.oralcancerselfexam.com.

This new Web site was developed for consumers in order to show them how to do self-examinations for oral cancer.

Self-examination can help your patients to detect abnormalities or incipient oral cancer lesions early.

Early detection in the fight against cancer is crucial and a primary benefit in encouraging your patients to engage in self-examinations.

Secondly, as dental patients become more familiar with their oral cavity, it will stimulate them to receive treatment much faster.

Conducting your own inspection of patients’ oral cavities provides the perfect opportunity to mention that this is something they can easily do themselves as well.

You can explain the procedure in brief and then let them know about the Web site, www.oralcancerselfexam.com, that can provide them with all the details they need.

If dental professionals do not take the lead in the fight against oral cancer, who will? And in the eyes of our patients, they likely would not expect anyone else to do so — would you?

Meanwhile, the jobs situation may also be starting to improve. The Labor Department reported Feb. 5 that the American unemployment rate dipped from 10 percent in January, causing some economists to speculate that the worst job market in at least 25 years may at last be getting better.

According to a recent report from Robert W. Baird & Co., a manufacturing and case acceptance consultant, on New York City Cosmos radio FM 91.5 WNYE.

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